# Leg Press





Item no. FAZ60300-0001		
General Product Information		
Dimensions LxWxH	162x236x214 cm	
Age group	13+	
Play capacity (users)	1	
Colour options		











With adjustable load, adjustable seat, and large footplate, the machine facilitates individually adapted exercises that strengthen hip extensor, knee extensor and ankle muscles in a horizontal forward movement. The strength machines and benches allow for simple, safe, and effective strength training for all major muscle groups. This increases daily functional capacity, especially for the elderly, sports performance, aesthetic appearance, and metabolic fitness. The 130kg weight stack is fully covered and can be adjusted in steps of 10kg by a smart and patented handle. Making the product very easy to train on and completely safe to be in the outdoors!

Data is subject to change without prior notice.



## Leg Press

FAZ603







The cover protects all the moving parts from vandalism and entrapments. The cover is made of 5mm rotomolded LLDPE, Linear low-density polyethylene, with excellent impact strength and usable within a large temperature span.

The resistance unit and all mechanical stops are hidden in the fully closed cabinet. As a result, entrapment is not possible, making it extremely safe to use and providing protection against the elements. The products are EN 16630 certified and comply with the ASTM F3101 for unsupervised outdoor fitness equipment.

The input shaft is Ø101,3 x 2,9mm S355 Hot Dip Galvanized and Powder-coated steel. The bearing house is Caste Aluminum (EN AB-44100 / EN AB-AlSi12(a)) with self-aligning sealed ball bearings. An extremely strong and durable construction

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Installation Information		
Max. fall height	63 cm	
Safety surfacing area	20.5 m²	
Number of installers	2	
Total installation time	10.0	
Excavation volume	0.00 m³	
Concrete volume	0.00 m³	
Footing depth (standard)	0 cm	
Shipment weight	765 kg	
Anchoring options		

Warranty Information	
PUR components	10 years
Hot dip galvanised steel	Lifetime
ROSTA element	2 years
Movable parts	2 years
Spare parts guaranteed	10 years



The footplate is made from Stainless Steel this provides good protection against corrosion. The plate also has an Anti Slip texture for optimal grip.



The seat and head support are made of Polyurethane Rubber and have a steel insert plate that connects it to the steel frame. The seat is adjustable in 14 different settings to fit users from 140/ 205 cm tall and to vary the type of exercises. The seat is positioned under a 12degree angle and the back supports a 48degree angle. The back support has a groove, accommodating a comfortable position.



The 130kg weight stack is fully covered and can be adjusted with a rotatable handle in 12 steps of 10 kg. The smart selector system is intuitive in use and patent-pending. No pins that get lost or get stuck, you simply pull and rotate the handle to select a different weight.

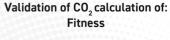


### Sustainability



Kompan A/S C.F. Tietgens Boulevard 32C DK-5220 Odense SØ Denmark







#### Data version no. 2021-09-27

The  $CO_2$  calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

#### Date: 15. October 2021 | Valid until: 15. October 2023 Validated by:

Booth Oct

Bente Hviid, Senior Consultant

Peter Bendtsen, Senior Consultant

Validation based on report: Validation of CO<sub>2</sub> calculation of 8 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Bente Hviid and Peter Bendtsen.

Publication date: 15. October 2021

By Bureau Veritas HSE www.bureauveritas.dk +45 7731 1000





FAZ60300-0001

Cradle to Gate A1-A3

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

**Total CO2** 

emission

kg CO2e

1,697.70

CO<sub>2</sub>e/kg

kg CO<sub>2</sub>e/kg

2.98

Recycled

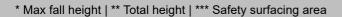
materials

%

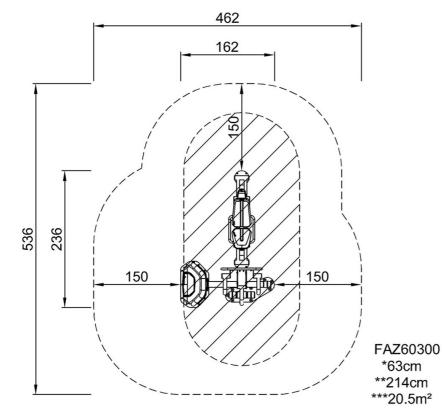
43.80

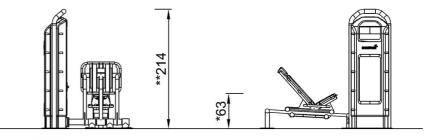


FAZ603



\* Max fall height | \*\* Total height





FAZ603

Click to see TOP VIEW



