

FST227

Wobble + Swing



The Wobble is an unsteady surface for balance exercises, excellent for improving the muscles in the ankle, knee and torso. If the exercise is too easy you can increase the challenge by closing your eyes or lift one foot from the wobble! Beginners and people with balance problems can use the handles, they will provide a good grip and support. The Swing is a very dynamic and fun element, with some practice you will be able to get a great workout which will improve your core strength and hip mobility.

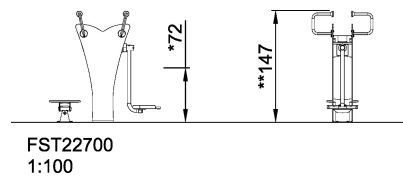
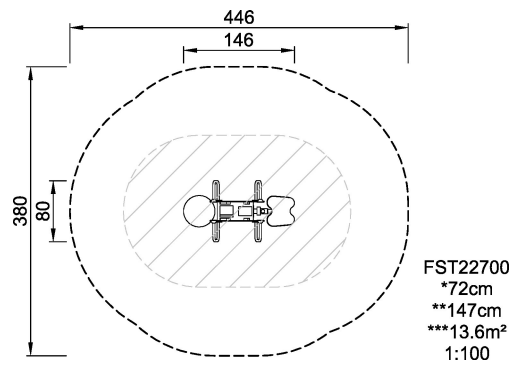
Product Line	Outdoor Fitness
Category	Circuit Training
Age group	13+
Max. fall height (CM)	72
Total height (CM)	147
Safety Zone	13.6 m ²



**SUR-
FACE**

**IN-
GROU.**





* = Highest designated play surface.
** = Total height of product.

Weight/heaviest parts	kg.	Installation (Manpower)	1 Persons
Concrete required	NaN m ³	Installation (Hours)	2 Hours
Foundation amount/footing	NaN	Excavation	NaN m ³