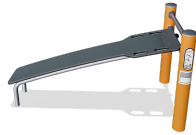
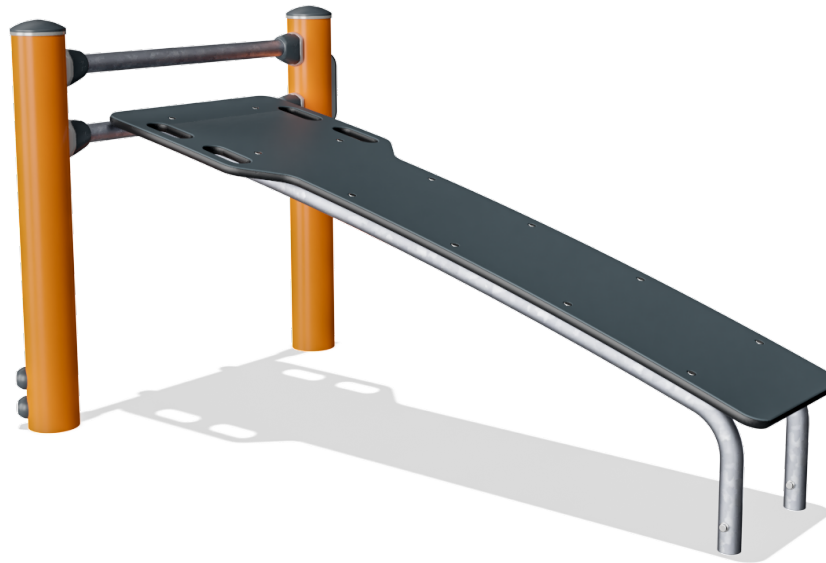


# FSW20400 Decline Bench



The decline bench, similar to the straight bench, is perfect for training the core with lower back and ab exercises such as leg lifts and sit ups. The bench has a 15° decline, increasing the difficulty level of the exercises, making you work out harder. The durable Ekogrip? surfacing offers perfect grip, allowing the bench to be used as a jump box for performing various step and jump exercises under all weather conditions.

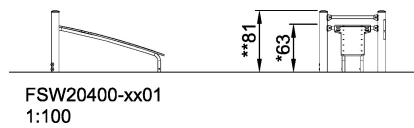
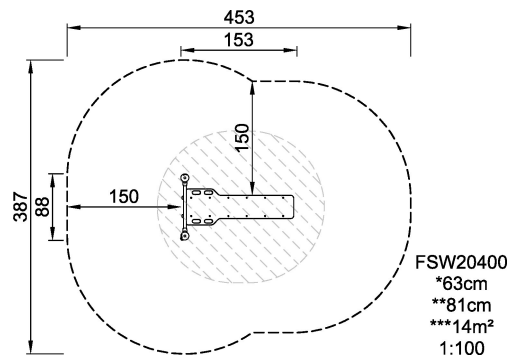
<b>Product Line</b>	Outdoor Fitness
<b>Category</b>	Cross Training
<b>Age group</b>	13+
<b>Max. fall height (CM)</b>	63
<b>Total height (CM)</b>	81
<b>Safety Zone</b>	14 m <sup>2</sup>



**SUR-  
FACE**

**IN-  
GROU.**





\* = Highest designated play surface.  
\*\* = Total height of product.

<b>Weight/heaviest parts</b>	kg.	<b>Installation (Manpower)</b>	1 Persons
<b>Concrete required</b>	NaN m3	<b>Installation (Hours)</b>	2 Hours
<b>Foundation amount/footing</b>	NaN	<b>Excavation</b>	NaN m3