

# FSW20600 Incline Press



Street workout is a physical activity that symbolizes the freedom of movement and encourages socializing. It is a combination of athletics, calisthenics and other sports, and mostly performed in the public space. The incline press is specifically designed for beginners that are having a hard time with push ups and pull ups. The side handles offer different positions and heights to place hands or feet, allowing the user to decrease and increase own bodyweight while performing exercises like push ups. The top bar makes it possible to do many more exercises. From pull ups where you train the upper body to knee raises that work your abdominal muscles.

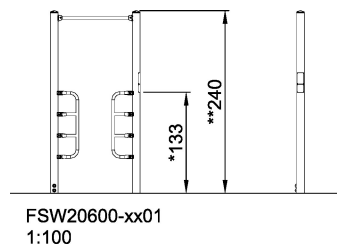
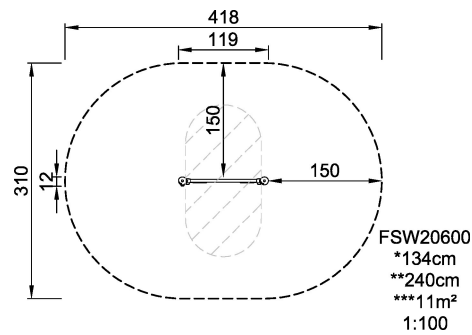
<b>Product Line</b>	Outdoor Fitness
<b>Category</b>	Street Workout & Calisthenics
<b>Age group</b>	13+
<b>Max. fall height (CM)</b>	134
<b>Total height (CM)</b>	240
<b>Safety Zone</b>	11 m2



**SUR-  
FACE**

**IN-  
GROU.**





\* = Highest designated play surface.  
\*\* = Total height of product.

<b>Weight/heaviest parts</b>	kg.	<b>Installation (Manpower)</b>	1 Persons
<b>Concrete required</b>	NaN m3	<b>Installation (Hours)</b>	2 Hours
<b>Foundation amount/footing</b>	NaN	<b>Excavation</b>	NaN m3