## Free Runner - Cross Trainer









Free Runner simulates a running experience familiar to most of us. The focus is on your lower body, as both beginners and experienced users can step up and run freely at an intensity entirely defined by them. It requires no prior learning or instructions. The Cross Trainer offers a mild resistance where you can personally define the intensity of your exercising. It will invite you to use your entire body during your training. Therefore you will find yourself building a high overall fitness level as well as increasing your bodily strength and flexibility. The equipment is available with hot dipped galvanized surface treatment and optional powder coated top layer in silver grey color RAL9007. If requested a curved roof can be added to the center pole.

Product Line	Outdoor Fitness
Category	Circuit Training
Age group	13+
Max. fall height (CM)80	
Total height (CM)	184
Safety Zone	21.9 m2

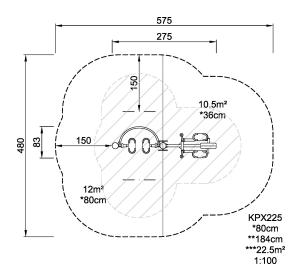


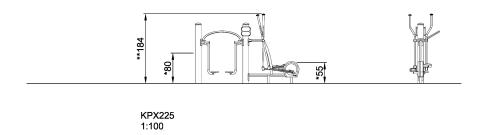
SUR-FACE IN-GROU.











\* = Highest designated play surface. \*\* = Total height of product.

Weight/heaviest partskg.Installation (Manpower)1 PersonsConcrete requiredNaN m3Installation (Hours)4 HoursFoundation amount/footingNaNExcavationNaN m3