Free Runner - Cross Trainer - Power bike









Free Runner simulates a running experience familiar to most of us. Beginners and experienced users alike can step up and run freely at an intensity entirely defined by them. Training focus is on fitness and your lower body with no prior instructions required. The Cross Trainer offers a mild resistance. It will invite you to use your entire body during your training, thereby building a high overall fitness level as well as increasing your bodily strength and flexibility. The Power Bike is perfect if you are looking to improve your fitness and health. It offers a mild resistance for your legs, so you alone can define the actual intensity of the exercise. Cardiovascular fitness is an integrated part of securing a good health and energy throughout the day. Build a better body composition and health for an increased quality of life by frequently exercising to improve your cardiovascular fitness. The equipment is available with hot dipped galvanized surface treatment and optional powder coated top layer in silver grey color RAL9007. If requested a curved roof can be added to the center pole.

Product Line	Outdoor Fitness
Category	Circuit Training
Age group	13+
Max. fall height (CM)80	
Total height (CM)	184
Safety Zone	26.4 m2

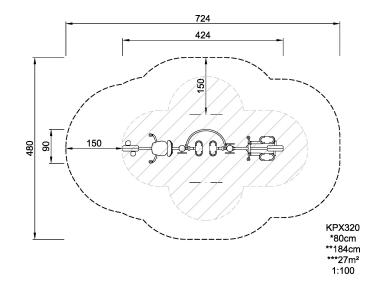


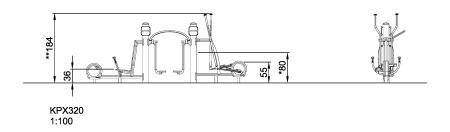
SUR-FACE IN-GROU.











* = Highest designated play surface. ** = Total height of product.

Weight/heaviest partskg.Installation (Manpower)1 PersonsConcrete requiredNaN m3Installation (Hours)5 HoursFoundation amount/footingNaNExcavationNaN m3